

Family and Consumer Sciences Assessments (FCSA)

Child Development Study Guide

Section 1: Basic Concepts of Child Development

- Understand the stages of child development, including infancy, toddlerhood, preschool, and adolescence.
- Be familiar with key developmental theorists like Piaget and Erikson.
- Know the major milestones in physical, cognitive, and social-emotional development.

Section 2: Parenting and Family Dynamics

- Understand different parenting styles (authoritarian, authoritative, permissive, and uninvolved).
- Know the challenges and dynamics of various types of families, including single-parent and blended families.
- Recognize the importance of open communication and positive relationships within families.

Section 3: Child Health and Safety

- Understand the importance of prenatal care and infant health.
- Be aware of common childhood injuries and preventive measures.
- Know the proper use of car seats and basic first-aid for common childhood injuries.

Section 4: Child Guidance and Behavior

- Understand effective discipline techniques, including positive reinforcement and time-out.
- Be aware of age-appropriate behavior and developmental stages.
- Recognize the importance of clear communication and setting realistic expectations.

Section 5: Child Development Theories and Research

- Understand key developmental theories by Piaget, Erikson, and Kohlberg.
- Be familiar with research methods used in child development studies.
- Recognize the nature vs. nurture debate and its significance in understanding child development.