

Out Of This World Project Ideas



Drivers of the Future

FACTS helps teens and families learn about the importance of traffic safety. Participants teach their community about driving dangers.

Teens in the Driver Seat

- Implement a Teens in the Driver Seat Program
 - Research leading causes of crashes and share with community
- Have random seat belt checks in your school parking lot and give out a promotion item to those wearing their seatbelt (for example: Dum-Dum lollipops to those not wearing their seatbelt, and Lifesavers or Smarties and a TDS promotion item to those who are wearing them)
 - www.t-driver.com



Our Body's Future

The Cosmic Force of Alcohol- Alcohol Awareness

- Too Much is Too Much- Alcohol Poisoning
- <http://www.withcarson.com/Projects.htm>
 - Underage Drinking
- <http://www.orpartnership.org/web/PDFs/springbreak/project%20ideas%20for%20posters%20etc.pdf>
- <http://www.toosmarttostart.samhsa.gov/>

Nutrition for Today and Tomorrow

- Research and teach peers about nutrition
- Encourage outdoor activities (example - ride bikes)
 - Discover healthy food choices when eating out
- Set up a weight reduction program (Biggest Loser)
 - www.nutrition.gov



Saving Up for the Future

Financial Fitness is a national peer education program that involves youth teaching one another how to make, save, and spend money wisely.

- Create a budget
 - Keep records of expenses
- Learn how to manage your money wisely
- Hands On Banking- www.handsonbanking.com
 - Consumer Credit Counseling Service
 - NEFE- www.nefe.org
- Invite a Financial Planner to your school



Breaking Boundaries, Not Bones

Students Taking On Prevention empowers youth to recognize, report and reduce youth violence.

- Recognize warning signs of potential violent situations
 - Encourage young people to report troubling behavior
- Collaborate with school and community resources to address violence
- Develop and implement local action projects to reduce the potential for violence in their school
 - <http://www.cdc.gov/ViolencePrevention/index.html>

Above and Beyond Our Earth



Reduce

- Shut down computers when not in use at home and school
- Unplug charges when not in use
- Turn on fewer lights
- Use energy efficient light bulbs
- Cut down unnecessary driving by combing errands
- Lower speed to enhance gas mileage
- Cut down on Styrofoam products

Reuse

Purchase reusable shopping bags
Use towels more than once at home and traveling
Paper
Water Bottles
Refill ink cartages
Clothing- Vintage is in
Participate in Box Tops for Education

Recycle

Recycle school supplies in good condition
Plastics
Paper, Cardboard
Aluminum Cans
Cell Phones
Ink cartridges
Scrap Metal
Can Tabs for Ronald McDonald House Charities
For more information and ideas go to:
www.greenguide.com

Go Beyond the Limits by Getting Involved in Projects

Go Beyond the Limits with Family, Career, and Community Leaders of America by moving your chapter into the future with the following state adopted projects: **FACTS (Teens in the Driver Seat), Student Body (Our Body's Future: The Cosmic Force of Alcohol and Nutrition Today and Tomorrow), Financial Fitness (Saving Up for the Future), STOP the Violence (Breaking Boundaries, Not Bones), Above and Beyond Our Earth (Reduce, Reuse, Recycle)**. FCCLA encourage students to go beyond the limits by participating in state projects. Take on the challenge of aiming for the stars by helping to spread awareness through **FACTS, Student Body, Dynamic Leadership, Financial Fitness, STOP the Violence, and Above and Beyond Our Earth**. No matter which project you choose, your chapter members will be a great help to the community now and in the future. Thanks for your involvement in State Projects.

To receive state recognition for participation in the state projects, you must submit the State Project Recognition Form by Friday, January 29, 2009.