



Regional Project Emphases



Region II

The Region II project emphasis is Student Body. While you are free to participate in other state projects, we encourage you to work on becoming the healthy you, the fit you, the real you, and the resilient you!

Fresh Is Best

Find access to healthier food options (garden, farmer's market, etc.)

Find Your Chill

Learn about the effects of stress and ways to manage it



Region I

The Region I project emphasis is Leadership Service In Action. While you are free to participate in other state projects, we encourage you to put your best foot forward and harness your leadership to help your community!

Advocate Adoption

Partner with a children's home or orphanage to learn how to educate the public on the benefits of adoption

Serve Some Soup

Volunteer at a local soup kitchen



Region III

The Region III project emphasis is Career Connection. While you are free to participate in other state projects, we encourage you to lean in and prepare for your future career!

Follow Your Future

Shadow a worker in a potential career for a day

Take Your Teen To Work

Implement a "take your teen to work day" in a local workplace



Region IV

The Region IV project emphasis is Families First. While you are free to participate in other state projects, we encourage you to push to build up your relationship with your family!

Family Fun

Hold weekly or monthly family game nights

Super Siblings

Set apart play dates with your siblings



Region V

The Region V project emphasis is STOP the Violence. While you are free to participate in other state projects, we encourage you to take on prevention of violence in your community!

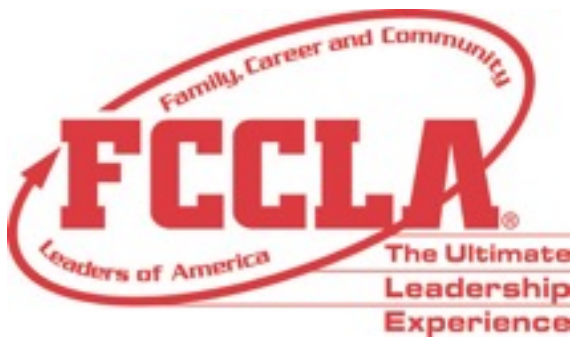
Be Real

Educate others to recognize negative behaviors in relationships and ways to address them.

Stay Safe

Organize a free self-defense class for your school.

FMI: visit texasfccla.org or contact your region VP of Projects



Region II

Fresh Is Best

Find access to healthier food options (garden, farmer's market, etc.)

Find Your Chill

Learn about the effects of stress and ways to manage it

Dance It Out

Host a Zumba session at your school



Region IV

Family Fun

Hold weekly or monthly family game nights

Super Siblings

Set apart play dates with your siblings

Celebrate Families

Hold a citywide family day with activities and meals



Region I

Advocate Adoption

Partner with a children's home or orphanage to learn how to educate the public on the benefits of adoption

Serve Some Soup

Volunteer at a local soup kitchen

Jeans for Teens

Host a jeans drive to collect jeans for less-privileged teens in your community



Region III

Follow Your Future

Shadow a worker in a potential career for a day

Take Your Teen To Work

Implement a "take your teen to work day" in a local workplace

FaCS Facts

Educate others about Family and Consumer Sciences occupations



Region V

Be Real

Educate others to recognize negative behaviors in relationships and ways to address them

Make It Yours

Hold an anti-violence poster competition and give prizes to the top contestants

Stay Safe

Organize a free self-defense class for your school