

Texas FCCLA Competitive Event Descriptions

The STAR Event and Proficiency Event program currently includes the following events:

- Advocacy* — an individual or team event, recognizes participants who demonstrate their knowledge, skills, and abilities to actively identify a local, state, national, or global concern, research the topic, identify a target audience and potential partnerships, form an action plan, and advocate for the issue in an effort to positively affect a policy or law. Participants must prepare a *portfolio* and *oral presentation*. There will be a junior, senior, and occupational category.
- Applied Math for Culinary Management* — an individual or team event, recognizes participants who use Family and Consumer Sciences skills to demonstrate the application of mathematical concepts in the culinary arts industry. Prior to competition, participants must prepare a file folder, oral presentation, and visuals. On site, participants take an applied math test and respond to a case study. There will be a senior and occupational category.
- Career Investigation* — an individual event, recognizes participants for their ability to perform self-assessments, research and explore a career, set career goals, create a plan for achieving goals and describe the relationship of Family and Consumer Sciences coursework to the selected career. Participants must prepare a *portfolio* and an *oral presentation*. There will be a junior, senior, and occupational category.
- Chapter in Review Display* — a team event, recognizes chapters that develop and implement a well-balanced program of work and promote FCCLA and Family and Consumer Sciences and/or related occupations and skills to the community. Participants must prepare a *display* and an *oral presentation*. There will be a junior, senior and occupational category.
- Chapter in Review Portfolio* — a team event, recognizes chapters that develop and implement a well-balanced program of work and promote FCCLA and Family and Consumer Sciences and/or related occupations and skills to the community. Participants must prepare a *portfolio* and an *oral presentation*. There will be a junior, senior and occupational category.
- Chapter Service Project Display* — a team event, recognizes chapters that develop and implement an in-depth service project that makes a worthwhile contribution to families, schools, and communities. Students must use Family and Consumer Sciences content and skills to address and take action on a community need. Participants must prepare a display and an oral presentation. There will be a junior, senior, and occupational category.

Chapter Service Project Portfolio

— a team event, recognizes chapters that develop and implement an in-depth service project that makes a worthwhile contribution to families, schools, and communities. Students must use Family and Consumer Sciences content and skills to address and take action on a community need. Participants must prepare a portfolio and an oral presentation. There will be a junior, senior, and occupational category.

Culinary Arts

— a team event, recognizes participants enrolled in occupational culinary arts/food service training programs for their ability to work as members of a team to produce a quality meal using industrial culinary arts/food service techniques and equipment. Teams of participants must develop and bring a plan for the time allotted, prepare menu items given to them at the time of the event and present their prepared items to evaluators. There will only be an occupational category.

Early Childhood Education

— an individual event, recognizes participants who demonstrate their ability to use knowledge and skills gained from their enrollment in an occupational Early Childhood Education program. Participants must prepare a portfolio and a resource container. On site, participants must plan and present to evaluators an activity related to the theme in response to a case study provided during the event and an oral presentation describing the activity. There will only be an occupational category.

Entrepreneurship

— an individual or team event, recognizes participants who develop a plan for a small business using family and consumer sciences skills and sound business practices. Franchises are not allowed. The business must relate to an area of Family and Consumer Sciences education or related occupations. Participants must prepare a *portfolio* containing a *written business plan*, which they are not required to have implemented, and an *oral presentation*. There will be a junior, senior, and occupational category.

Environmental Ambassador

— an individual or team event, recognizes participants who address environmental issues that adversely impact human health and well-being and who actively empower others to get involved. Participants will research one of the five current topics, investigate areas where they can make a difference, develop and carry out a project for their home, school, or community, and educate others in their school or community about the problems, effects, and solutions regarding the environmental concern. Participants must prepare a portfolio and an oral presentation. There will be a junior, senior and occupational category.

Fashion Construction

— an individual event that recognizes participants who apply Fashion Construction skills learned in Family and Consumer Sciences courses and create a display using samples of their skills. Using new materials, participants construct in advance a garment or ensemble that dresses both the upper and lower body of a child or adult. Garment/ensemble must include at least eight fashion construction techniques. Display finished product along with appropriate accessories. Participants must prepare a display, sample garment, file folder and an oral presentation. There will be a senior and occupational category.

Fashion Design

— an individual event, recognizes participants who apply fashion design skills learned in Family and Consumer Sciences courses to design and market clothing styles. Participants will develop a clothing label, research the intended audience, design the label's first 4-piece collection, and construct one collection sample using an original flat pattern designed by the participant. Students will exhibit knowledge of all the aspects that surround design, including design basics, fabric choice, and pricing. For competition, participants must prepare a portfolio, sample garment and an oral presentation. There will be a senior and occupational category.

Focus On Children

— an individual or team event, recognizes participants who use Family and Consumer Sciences skills to plan and conduct a child development project that has a positive impact on children and the community. Child development encompasses birth through adolescence. Participants must prepare a *display* and an *oral presentation*. There will be a junior, senior, and occupational category.

Food Innovations

— an individual or team event, recognizes participants who demonstrate knowledge of the basic concepts of food product development by creating an original prototype formula, testing the product through focus groups, and developing a marketing strategy. Participants will demonstrate their knowledge of food science, nutrition, food preparation safety, and product marketing. Participants must prepare a display, suggested product packaging, and an oral presentation. There will be a junior, senior and occupational category.

Hospitality

— an individual or team event, recognizes participants who demonstrate their knowledge of the hospitality, tourism, and recreation industries and ability to translate their knowledge into a hypothetical or real business. Project must relate to culinary, lodging, recreation, tourism or event coordination. Participant(s) will research existing businesses which are similar to their project, develop a basic business plan and client services information, and

create a website that highlights the business. Participants(s) will demonstrate their customer service knowledge and ability to problem solve through an on-site case study. Participant(s) must prepare a portfolio, an oral presentation, and complete a case study. There will be a senior and occupational category.

Illustrated Talk

— an individual or team event, recognizes who make an oral presentation about issues concerning Family and Consumer Sciences and/or related occupations. Participants must prepare a file folder, an oral presentation, and visuals. There will be a junior, senior and occupational category.

Interior Design

— an individual or team event, recognizes participants who apply interior design skills learned in Family and Consumer Sciences courses to design interiors to meet the living space needs of clients. In advance, participants will create a floor plan, an elevation and a furniture/interior plan addressing the specifics of the design scenario. Participants must prepare a file folder, an oral presentation, and visuals. There will be a senior and occupational category.

Interpersonal Communications

— an individual or team event, recognizes participants who use Family and Consumer Sciences and/or related occupational skills and apply communication techniques to develop a project designed to strengthen communication in a chosen area: community, employment relationships, family, peer groups, or school groups. Participants must prepare a file folder, an oral presentation, and a response to a related case study. There will be a junior, senior, and occupational category.

Job Interview

— an individual event, recognizes participants who use Family and Consumer Sciences and/or related occupations skills to develop a portfolio, participate in an interview, and communicate a personal understanding of job requirements. Participants must prepare a *portfolio*, including a job application, and express their communication skills and job knowledge through an *interview*. There will be a senior and occupational category.

Leadership

— an *individual* event, recognizes participants who actively evaluate and grow in their leadership potential. Participants investigate their leadership ability, assess leadership and employability skills, and develop and implement a plan to further their leadership development. Participants must prepare a *portfolio* and an oral presentation. There will be a senior and occupational category.

Life Event Planning

— an individual or team event, recognizes participants who apply skills learned in Family and Consumer Sciences courses to manage the financial costs of an upcoming event. An upcoming event is defined as a planned event that is taking place during the 2017, 2018 or 2019 calendar years. Wedding planning is not an appropriate event topic unless the student or family member is engaged with a wedding date in 2017, 2018, or 2019. “Dream events” with no timeline are not allowed. Examples of events include, but are not limited to:

- Preparing to move into a dormitory room
- Hosting a party or celebration
- Operating a vehicle for one month
- Taking a school or personal trip
- Hosting a family reunion
- Paying initial costs of a new job
- Managing personal costs of attending the prom
- Paying school expenses for one grade level

Planning events for the FCCLA chapter, school, or other organization are not appropriate for this event. Participants select an upcoming event in their lives, determine the amount they can budget for the event, and prepare in advance an event portfolio. At the event site, participants present the portfolio to the evaluators. There will be a junior, senior and occupational category.

National Programs in Action

— an individual or team event, recognizes participants who explain how the planning process was used to plan and implement a national program project. Participants must prepare a file folder, an oral presentation, and visuals. There will be a junior, senior and occupational category.

Nutrition and Wellness

— an individual event, recognizes participants who track food intake and physical activity for themselves, their family, or a community group and determine goals and strategies for improving their overall health. Participants must prepare a *portfolio*, *visuals*, and an oral presentation. There will be a junior, senior, and occupational category.

Parliamentary Procedure

— a team event, recognizes chapters that develop a working knowledge of parliamentary law and the ability to conduct an FCCLA business meeting. Participants must take a Parliamentary Procedure Knowledge Test, present a demonstration meeting using provided planning materials, and prepare minutes of the meeting. There will be a junior, senior and occupational category.

Promote and Publicize FCCLA!

— an individual or team event that recognizes participants who develop an FCCLA promotion and publicity campaign to raise awareness and educate the school, parents and members of the community about the importance of FCCLA and Family and Consumer Sciences education. Participants must prepare an oral presentation and portfolio. There will be a junior, senior, and occupational category.

Recycle and Redesign

— an individual event that recognizes participants who apply recycling and redesign skills learned in Family and Consumer Sciences courses and create a display using a sample of their skills. Participants select a used fashion, home or other post-consumer item to recycle into a new product. Participants will create a brand new product, not simply embellish an old one. However, participants may use additional materials if needed to redesign and creatively embellish the new product. At the event site, participants set up their displays and present the results of their projects to evaluators. There will be a junior, senior, and occupational category.

Say Yes to FCS Education

— an individual event that recognizes participants who demonstrate the knowledge and skills needed to explore and experience the career of being a Family and Consumer Sciences educator. Participants must prepare a portfolio, conduct classroom observations, plan and execute a lesson, develop an FCCLA integration plan, and deliver an oral presentation.

Sports Nutrition

— an individual or team event, recognizes participants who use Family and Consumer Sciences skills to plan and develop an individualized nutritional plan to meet the needs of a competitive student athlete in a specific sport. In advance, participants will prepare a sample nutrition and hydration plan based upon nutritional and energy needs of the student athlete. The participants must prepare a file folder, visuals, an oral presentation, and demonstrate a method to be used by the athlete to assist with nutrition management. There will be a junior, senior, and occupational category.

Teach and Train

— an individual event, recognizes participants who demonstrate their ability to explore and experience the career of teaching or training. Participants must prepare a portfolio of the teaching/training career, prepare and execute a complete lesson/workshop plan and an oral presentation. Senior and occupational participants will also complete a shadowing experience of a “best practices” educator. There will be a junior, senior and occupational category.

The Proficiency Events currently are:

Cupcake Battle

— Cupcake Battle, an individual event, promotes Hospitality and Culinary Arts. Individuals must bake, decorate and display 6 cupcakes. Cupcakes will be evaluated on overall appearance, cake flavor, texture, doneness, frosting consistency, flavor, originality, and mise en place. Individuals are required to bake, decorate, and display 6 cupcakes, prepare a file folder, and respond to evaluator questions. There will be a senior and occupational category.

Mystery Basket

— Mystery Basket, an individual event, recognizes participants enrolled in occupational food service training programs for their ability to display knowledge and skill-based learning of the culinary arts. Individuals produce a single plate containing a serving of protein, starch and vegetable. The focus of this event is the individual participant's proper use of commercial culinary tools and equipment, professional culinary technique, personal creativity and safety and sanitation procedures. Individuals are required to develop a plan for their time allotment, create a menu to be produced, prepare menu items of their choice and present their prepared plate to the evaluating panel of professionals. They are also required to complete a self-evaluation. This event focuses on both culinary skill and creativity. There will be an occupational category.

Serving up Success

— Serving Up Success is an individual Proficiency Event that introduces students to the food and beverage industry. It has three parts: pre-event interview, restaurant serving simulation and a situation question. There will be a senior and occupational category.